

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 13:00 untill 14:00. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Houtevelt Kyllian

Coaches: Ulenaers Eefke HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/1 Lane : 4 Athlete: LUBOWICKI ADA					Q-time: 01:54:48
PB (25m pool): 01:54.48 Liedekerke 01/05/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:54.85		01:54.48	
	00:54.85		00:59.63		
					

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:05
Heat: 2/7 Lane : 1 Athlete: FAHY EMMA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+					Heat:3, starttime: 14:06
Heat: 3/7 Lane : 2 Athlete: FAHY JULIE					Q-time: 00:48:87
PB (25m pool): 00:48.87 LEUVEN. 22/02/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		00:48.87			
	00:48.87				
					

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 14:07
Heat: 4/7 Lane : 2 Athlete: VAN DER VEKEN LARA			Q-time: 00:40:08
PB (25m pool): 00:40.08 Tervuren 30/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:40.08	
		00:40.08	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 14:07
Heat: 4/7 Lane : 4 Athlete: HEREMANS MARIE			Q-time: 00:39:95
PB (25m pool): 00:39.95 Tervuren 30/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:39.95	
		00:39.95	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 14:08
Heat: 5/7 Lane : 1 Athlete: VEIRMAN LOTTE			Q-time: 00:38:41
PB (25m pool): 00:38.41 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:38.98 SB: no time
	2 5 M	5 0 M	
PB		00:38.41	
		00:38.41	
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 14:08
Heat: 5/7 Lane : 3 Athlete: HEREMANS DITTE			Q-time: 00:35:28
PB (25m pool): 00:35.44 Liedekerke 01/05/2026			PB (50m pool): 00:35.28 SB: no time
	2 5 M	5 0 M	
PB		00:35.44	
		00:35.44	
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:10
Heat: 6/7 Lane : 3 Athlete: BOMBAERT MILLA			Q-time: 00:32:80
PB (25m pool): 00:32.80 LEUVEN. 22/02/2026			PB (50m pool): 00:35.10 SB: no time
	2 5 M	5 0 M	
PB		00:32.80	
	00:32.80		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 14:10
Heat: 6/7 Lane : 4 Athlete: DEROOST BEAU			Q-time: 00:33:03
PB (25m pool): 00:33.03 Aarschot 27/07/2026			PB (50m pool): 00:33.44 SB: no time
	2 5 M	5 0 M	
PB		00:33.03	
	00:33.03		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:11
Heat: 7/7 Lane : 1 Athlete: MATTHIJS XANTHE			Q-time: 00:32:64
PB (25m pool): 00:32.64 LEUVEN. 22/02/2026			PB (50m pool): 00:33.42 SB: no time
	2 5 M	5 0 M	
PB		00:32.64	
	00:32.64		
			

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:11
Heat: 7/7 Lane : 2 Athlete: LANDRIEU NORA			Q-time: 00:31:02
PB (25m pool): 00:31.13 Tervuren 30/05/2026			PB (50m pool): 00:31.02 SB: no time
	2 5 M	5 0 M	
PB		00:31.13	
	00:31.13		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:7, starttime: 14:11
Heat: 7/7 Lane : 3 Athlete: DE BACKER BIRGIT			Q-time: 00:30:36
PB (25m pool): 00:30.36 Leuven 23/02/2025			PB (50m pool): 00:30.60 SB: no time
	2 5 M	5 0 M	
PB		00:30.36	
	00:30.36		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 14:18
Heat: 5/10 Lane : 3 Athlete: BLOMMAERTS MATHIS			Q-time: 00:37:21
PB (25m pool): 00:37.21 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.21	
	00:37.21		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:22
Heat: 9/10 Lane : 2 Athlete: TURF SANDER			Q-time: 00:30:63
PB (25m pool): 00:30.63 LEUVEN 23/11/2025			PB (50m pool): 00:31.45 SB: no time
	2 5 M	5 0 M	
PB		00:30.63	
	00:30.63		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:22
Heat: 9/10 Lane : 3 Athlete: DE BACKER BRENT			Q-time: 00:30:06
PB (25m pool): 00:30.06 Aarschot 27/07/2026			PB (50m pool): 00:31.24 SB: no time
	2 5 M	5 0 M	
PB		00:30.06	
	00:30.06		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:9, starttime: 14:22
Heat: 9/10 Lane : 5 Athlete: BOMBAERT LOUIS			Q-time: 00:30:75
PB (25m pool): 00:30.75 Aarschot 27/07/2026			PB (50m pool): 00:33.00 SB: no time
	2 5 M	5 0 M	
PB		00:30.75	
	00:30.75		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:10, starttime: 14:23
Heat: 10/10 Lane : 5 Athlete: DE PEYPER MATS			Q-time: 00:29:54
PB (25m pool): 00:29.55 Tervuren 30/05/2026			PB (50m pool): 00:29.54 SB: no time
	2 5 M	5 0 M	
PB		00:29.55	
	00:29.55		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:2, starttime: 00:29
Heat: 2/8 Lane : 2 Athlete: FAHY EMMA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:2, starttime: 00:29
Heat: 2/8 Lane : 4 Athlete: FAHY JULIE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 00:35
Heat: 5/8 Lane : 1 Athlete: HEREMANS MARIE			Q-time: 00:42:00
PB (25m pool): 00:42.00 Tervuren 30/05/2026			PB (50m pool): 00:44.10 SB: no time
	2 5 M	5 0 M	
PB		00:42.00	
	00:42.00		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:5, starttime: 00:35
Heat: 5/8 Lane : 4 Athlete: VAN DER VEKEN LARA			Q-time: 00:40:89
PB (25m pool): 00:40.89 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:42.40 SB: no time
	2 5 M	5 0 M	
PB		00:40.89	
	00:40.89		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 00:37
Heat: 6/8 Lane : 1 Athlete: VEIRMAN LOTTE			Q-time: 00:39:40
PB (25m pool): 00:39.40 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:39.68 SB: no time
	2 5 M	5 0 M	
PB		00:39.40	
	00:39.40		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 00:38
Heat: 7/8 Lane : 1 Athlete: HEREMANS DITTE			Q-time: 00:36:74
PB (25m pool): 00:36.74 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:37.50 SB: no time
	2 5 M	5 0 M	
PB		00:36.74	
	00:36.74		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 00:38
Heat: 7/8 Lane : 3 Athlete: BOMBAERT MILLA			Q-time: 00:36:04
PB (25m pool): 00:34.60 Liedekerke 11/11/2022			PB (50m pool): 00:39.17 SB: no time
	2 5 M	5 0 M	
PB		00:34.60	
		00:34.60	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 00:38
Heat: 7/8 Lane : 4 Athlete: MATTHIJS XANTHE			Q-time: 00:36:34
PB (25m pool): 00:36.40 LEUVEN 23/11/2025			PB (50m pool): 00:36.34 SB: no time
	2 5 M	5 0 M	
PB		00:36.40	
		00:36.40	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 00:40
Heat: 8/8 Lane : 3 Athlete: DE BACKER BIRGIT			Q-time: 00:31:75
PB (25m pool): 00:31.75 LEUVEN 23/11/2025			PB (50m pool): 00:33.07 SB: no time
	2 5 M	5 0 M	
PB		00:31.75	
		00:31.75	
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 00:40
Heat: 8/8 Lane : 5 Athlete: LANDRIEU NORA			Q-time: 00:33:95
PB (25m pool): 00:33.95 Tervuren 30/05/2026			PB (50m pool): 00:35.58 SB: no time
	2 5 M	5 0 M	
PB		00:33.95	
		00:33.95	
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:8, starttime: 00:40
Heat: 8/8 Lane : 6 Athlete: DEROOST BEAU			Q-time: 00:35:74
PB (25m pool): 00:35.74 Ternat 29/03/2026			PB (50m pool): 00:36.44 SB: no time
	2 5 M	5 0 M	
PB		00:35.74	
	00:35.74		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 00:51
Heat: 6/10 Lane : 1 Athlete: BLOMMAERTS MATHIS			Q-time: 00:38:42
PB (25m pool): 00:38.42 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:38.42	
	00:38.42		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 00:52
Heat: 7/10 Lane : 2 Athlete: BOMBAERT LOUIS			Q-time: 00:37:16
PB (25m pool): 00:37.16 Temse 21/12/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.16	
	00:37.16		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 00:54
Heat: 8/10 Lane : 2 Athlete: TURF SANDER			Q-time: 00:34:82
PB (25m pool): 00:34.82 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:35.77 SB: no time
	2 5 M	5 0 M	
PB		00:34.82	
	00:34.82		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:9, starttime: 00:56
Heat: 9/10 Lane : 5 Athlete: DE PEYPER MATS				Q-time: 00:33:47
PB (25m pool): 00:33.47 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 00:34.41 SB: no time
	2 5 M	5 0 M		
PB		00:33.47		
	00:33.47			
				

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+				Heat:10, starttime: 00:57
Heat: 10/10 Lane : 1 Athlete: DE BACKER BRENT				Q-time: 00:31:84
PB (25m pool): 00:31.84 Tervuren 30/05/2026				PB (50m pool): 00:33.11 SB: no time
	2 5 M	5 0 M		
PB		00:31.84		
	00:31.84			
				

Coach feedback:

Event number: 7: 100M MEDLEY MIXED 10-9				Heat:2, starttime: 21:02
Heat: 2/2 Lane : 4 Athlete: LUBOWICKI ADA				Q-time: 01:37:51
PB (25m pool): 01:37.51 Liedekerke 01/05/2026				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		01:37.51
	no time			
				

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 21:08
Heat: 3/8 Lane : 1 Athlete: FAHY EMMA				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 21:08
Heat: 3/8 Lane : 4 Athlete: FAHY JULIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 21:11
Heat: 5/8 Lane : 1 Athlete: VAN DER VEKEN LARA			Q-time: 00:49:45
PB (25m pool): 00:49.45 Kapelle-op-den-Bos 19/04/2026 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:49.45	
	00:49.45		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 21:11
Heat: 5/8 Lane : 4 Athlete: HEREMANS MARIE			Q-time: 00:46:03
PB (25m pool): 00:46.03 Hannuit 29/11/2025 PB (50m pool): 00:50.79 SB: no time			
	2 5 M	5 0 M	
PB		00:46.03	
	00:46.03		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 21:12
Heat: 6/8 Lane : 3 Athlete: MATTHIJS XANTHE			Q-time: 00:42:48
PB (25m pool): 00:42.48 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:42.48	
	00:42.48		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 21:12
Heat: 6/8 Lane : 4 Athlete: HEREMANS DITTE			Q-time: 00:42:56
PB (25m pool): 00:42.56 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:41.11 SB: no time
	2 5 M	5 0 M	
PB		00:42.56	
		00:42.56	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 21:13
Heat: 7/8 Lane : 2 Athlete: BOMBAERT MILLA			Q-time: 00:40:47
PB (25m pool): 00:40.47 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:41.03 SB: no time
	2 5 M	5 0 M	
PB		00:40.47	
		00:40.47	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 21:14
Heat: 8/8 Lane : 1 Athlete: DEROOST BEAU			Q-time: 00:39:62
PB (25m pool): 00:39.62 Leuven 12/10/2025			PB (50m pool): 00:40.37 SB: no time
	2 5 M	5 0 M	
PB		00:39.62	
		00:39.62	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 21:14
Heat: 8/8 Lane : 2 Athlete: LANDRIEU NORA			Q-time: 00:37:67
PB (25m pool): 00:37.67 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:39.09 SB: no time
	2 5 M	5 0 M	
PB		00:37.67	
		00:37.67	
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 21:14
Heat: 8/8 Lane : 5 Athlete: DE BACKER BIRGIT			Q-time: 00:37:78
PB (25m pool): 00:37.78 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): 00:40.48 SB: no time			
	2 5 M	5 0 M	
PB		00:37.78	
	00:37.78		
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:8, starttime: 21:14
Heat: 8/8 Lane : 6 Athlete: VEIRMAN LOTTE			Q-time: 00:39:97
PB (25m pool): 00:39.97 Sint-Pieters-Leeuw 01/03/2026 PB (50m pool): 00:41.50 SB: no time			
	2 5 M	5 0 M	
PB		00:39.97	
	00:39.97		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 21:20
Heat: 4/10 Lane : 3 Athlete: BLOMMAERTS MATHIS			Q-time: 00:44:42
PB (25m pool): 00:44.42 Ternat 29/03/2026 PB (50m pool): 00:45.71 SB: no time			
	2 5 M	5 0 M	
PB		00:44.42	
	00:44.42		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:7, starttime: 21:24
Heat: 7/10 Lane : 4 Athlete: BOMBAERT LOUIS			Q-time: 00:39:14
PB (25m pool): 00:39.14 Kapelle-op-den-Bos 19/04/2026 PB (50m pool): 00:41.70 SB: no time			
	2 5 M	5 0 M	
PB		00:39.14	
	00:39.14		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:8, starttime: 21:25
Heat: 8/10 Lane : 1 Athlete: TURF SANDER			Q-time: 00:38:45
PB (25m pool): 00:38.45 Hannuit 18/01/2025			PB (50m pool): 00:39.29 SB: no time
	2 5 M	5 0 M	
PB		00:38.45	
	00:38.45		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:10, starttime: 21:28
Heat: 10/10 Lane : 1 Athlete: DE BACKER BRENT			Q-time: 00:34:38
PB (25m pool): 00:34.38 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:36.39 SB: no time
	2 5 M	5 0 M	
PB		00:34.38	
	00:34.38		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:10, starttime: 21:28
Heat: 10/10 Lane : 2 Athlete: DE PEYPER MATS			Q-time: 00:31:96
PB (25m pool): 00:31.96 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:32.93 SB: no time
	2 5 M	5 0 M	
PB		00:31.96	
	00:31.96		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 07:33
Heat: 4/8 Lane : 1 Athlete: FAHY JULIE			Q-time: 00:37:51
PB (25m pool): 00:37.51 Liedekerke 01/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.51	
	00:37.51		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 07:33
Heat: 4/8 Lane : 5 Athlete: FAHY EMMA			Q-time: 00:37:09
PB (25m pool): 00:37.09 Meise 21/06/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:37.09	
	00:37.09		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 07:34
Heat: 5/8 Lane : 2 Athlete: HEREMANS MARIE			Q-time: 00:34:13
PB (25m pool): 00:34.13 Liedekerke 01/05/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:34.13	
	00:34.13		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 07:34
Heat: 5/8 Lane : 3 Athlete: VEIRMAN LOTTE			Q-time: 00:33:68
PB (25m pool): 00:33.68 LEUVEN. 22/02/2026			PB (50m pool): 00:35.16 SB: no time
	2 5 M	5 0 M	
PB		00:33.68	
	00:33.68		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 07:34
Heat: 5/8 Lane : 4 Athlete: VAN DER VEKEN LARA			Q-time: 00:33:93
PB (25m pool): 00:33.93 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:34.30 SB: no time
	2 5 M	5 0 M	
PB		00:33.93	
	00:33.93		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 07:36
Heat: 7/8 Lane : 1 Athlete: MATTHIJS XANTHE			Q-time: 00:31:43
PB (25m pool): 00:31.43 Liedekerke 01/05/2026			PB (50m pool): 00:32.53 SB: no time
	2 5 M	5 0 M	
PB		00:31.43	
	00:31.43		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 07:36
Heat: 7/8 Lane : 2 Athlete: HEREMANS DITTE			Q-time: 00:31:12
PB (25m pool): 00:31.12 Sportoase De Watermolen 21/07/2026			PB (50m pool): 00:33.14 SB: no time
	2 5 M	5 0 M	
PB		00:31.12	
	00:31.12		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 07:36
Heat: 7/8 Lane : 4 Athlete: DEROOST BEAU			Q-time: 00:30:39
PB (25m pool): 00:30.39 LEUVEN. 22/02/2026			PB (50m pool): 00:30.53 SB: no time
	2 5 M	5 0 M	
PB		00:30.39	
	00:30.39		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 07:37
Heat: 8/8 Lane : 2 Athlete: LANDRIEU NORA			Q-time: 00:28:28
PB (25m pool): 00:28.28 Meise 21/06/2026			PB (50m pool): 00:28.69 SB: no time
	2 5 M	5 0 M	
PB		00:28.28	
	00:28.28		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 07:37
Heat: 8/8 Lane : 4 Athlete: DE BACKER BIRGIT			Q-time: 00:27:56
PB (25m pool): 00:27.56 Aarschot 27/07/2026			PB (50m pool): 00:28.13 SB: no time
	2 5 M	5 0 M	
PB		00:27.56	
	00:27.56		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 07:37
Heat: 8/8 Lane : 5 Athlete: BOMBAERT MILLA			Q-time: 00:29:71
PB (25m pool): 00:29.71 Leuven 12/10/2025			PB (50m pool): 00:30.70 SB: no time
	2 5 M	5 0 M	
PB		00:29.71	
	00:29.71		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:5, starttime: 07:44
Heat: 5/10 Lane : 4 Athlete: BLOMMAERTS MATHIS			Q-time: 00:32:03
PB (25m pool): 00:32.03 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:32.03	
	00:32.03		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:7, starttime: 07:46
Heat: 7/10 Lane : 5 Athlete: BOMBAERT LOUIS			Q-time: 00:31:02
PB (25m pool): 00:31.02 Liedekerke 01/05/2026			PB (50m pool): 00:31.72 SB: no time
	2 5 M	5 0 M	
PB		00:31.02	
	00:31.02		
			

Coach feedback:

BSB Sprint Cup 2026: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 50M FREESTYLE MEN 11+			Heat:8, starttime: 07:47
Heat: 8/10 Lane : 4 Athlete: TURF SANDER			Q-time: 00:28:59
PB (25m pool): 00:28.59 Meise 21/06/2026			PB (50m pool): 00:29.10 SB: no time
	2 5 M	5 0 M	
PB		00:28.59	
	00:28.59		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:9, starttime: 07:48
Heat: 9/10 Lane : 4 Athlete: DE PEYPER MATS			Q-time: 00:27:12
PB (25m pool): 00:27.28 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:27.12 SB: no time
	2 5 M	5 0 M	
PB		00:27.28	
	00:27.28		
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:10, starttime: 07:49
Heat: 10/10 Lane : 1 Athlete: DE BACKER BRENT			Q-time: 00:26:31
PB (25m pool): 00:26.31 Aarschot 27/07/2026			PB (50m pool): 00:27.53 SB: no time
	2 5 M	5 0 M	
PB		00:26.31	
	00:26.31		
			

Coach feedback: